CHINA BEN

RESTAURANT

Delicious Chinese Food To Take Out Eat In & Call In

本泉水

Grand Opening

100% Vegetable Oil

Tel: 205.823.8920

Fax: 205.823.8921

Please Call For Fast Pick Up Order!

790 Highway 31, Suite 102, Vestavia Hill, AL 35216

Open 7 Days A Week

Monday - Thursday:
10:30am - 9:30pm

Friday & Saturday:
10:30am - 10:30pm

Sunday:
11:30am - 9:30pm

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APPETIZERS

1.	Pork Egg Roll	1.00
2.	Shrimp Egg Roll	1.10
3.	Crispy Spring Roll	1.20
4.	Fried Chicken Wings (8)	2.85
5.	Fried or Steamed Dumplings (8)	3.95
6.	Fried Wontons (8)	2.05
7.	Chicken Fingers	4.25
8.	Teriyaki Chicken (5)	4.25
9.	Teriyaki Beef (4)	4.25
10.	Crab Rangoon (6)	3.25
11.	Shrimp Toast (4)	2.75
12.	Wonton in Hot Oil	2.85
13.	Cold Noodles w. Sesame Sauce	3.25
14.	Bar-B-Q Spare Ribs	(S) 4.95 (L) 9.25
15.	Boneless Spare Ribs	(S) 4.75 (L) 8.95
16.	Chinese Donut (10)	2.95
17.	Pu Pu Platter (For 2)	8.95

Egg roll, chicken teriyaki, beef teriyaki, crab rangoon, spare ribs & chicken fingers.

SOUPS

w. Crispy Noodles

		Pt.	Qt.
18.	Egg Drop Soup	1.10	2.00
19.	Wonton Soup	1.25	2.25
20.	Wonton w. Egg Drop Soup	1.60	2.85
21.	Chicken Rice or Noodle Soup	1.20	2.20
22.	Chicken w. Egg Drop Soup	1.35	2.50
23.	Hot & Sour Soup	1.75	3.20
24.	Roast Pork or Chicken Yat Gaw Mein		3.75
25.	House Special Soup		4.35
26.	Vegetable w. Bean Curds Soup		3.25

CHOW MEIN OR CHOP SUEY

w. White Rice and Crispy Noodles

		Pt.	Qt.
27.	Vegetable Chow Mein or Chop Suey	2.95	5.25
28.	Roast Pork Chow Mein or Chop Suey	3.45	5.95
29.	White Meat Chicken Chow Mein or Chop Suey	3.45	5.95
30.	Subgum Chicken or Chop Suey	3.45	5.95
31.	Beef Chow Mein or Chop Suey	3.75	6.95
32.	Shrimp Chow Mein or Chop Suey	3.95	7.25
33.	Subgum Shrimp or Chop Suey	3.95	7.25
34.	House Special Chow Mein or Chop Suey	4.25	7.55

CHOW FUN (Big Flat)

MEI FUN (Thread Rice Noodles)

		Qt.
35.	Vegetable Chow Fun or Mei Fun	5.75
36.	Roast Pork Chow Fun or Mei Fun	6.55
37.	Chicken Chow Fun or Mei Fun	6.55
38.	Beef Chow Fun or Mei Fun	7.25
39.	Shrimp Chow Fun or Mei Fun	7.50
40.	Special Chow Fun or Mei Fun	8.25
41.	Singapore Style Mei Fun	8.25

FRIED RICE

		Pt.	Qt.
42.	Vegetable Fried Rice	2.85	5.50
43.	Roast Pork Fried Rice	2.95	5.70
44.	Chicken Fried Rice	2.95	5.70
45.	Beef Fried Rice	3.55	6.55
46.	Fresh Shrimp Fried Rice	3.95	7.25
47.	Seafood Fried Rice	4.75	8.25
48.	House Special Fried Rice	4.25	7.95

Hot & Spicy

CHINA BEN TEL: 205.823.8920

SWEET & SOUR

w. White Rice and Sauce on the Side

		Pt.	Qt.
49.	Sweet & Sour Pork	3.95	6.75
50.	Sweet & Sour Chicken	3.95	6.75
51.	Sweet & Sour Shrimp	4.55	8.25
52.	Sweet & Sour Combo		9.25

LO MEIN

Soft Noodles

		Pt.	Qt.
53.	Vegetable Lo Mein	3.25	5.95
54.	Roast Pork Lo Mein	3.75	6.50
55.	Chicken Lo Mein	3.75	6.55
56.	Beef Lo Mein	3.95	6.75
57.	Fresh Shrimp Lo Mein	4.25	7.50
58.	House Special Lo Mein	4.50	7.75

EGG FOO YOUNG

w. White Rice

		Qt.
59.	Roast Pork Egg Foo Young	5.75
60.	Chicken Egg Foo Young	5.75
61.	Shrimp Egg Foo Young	6.35
62.	Mushroom Egg Foo Young	5.65
63.	Vegetable Egg Foo Young	5.65
64.	Beef Egg Foo Young	5.95
65.	House Special Egg Foo Young	6.50

PORK

w. White Rice

		Pt.	Qt.
66.	Roast Pork w. Mixed Vegetables	3.95	6.95
67.	Roast Pork w. Broccoli	3.95	6.95
68.	Roast Pork w. Mushrooms	3.95	6.95
69.	Roast Pork w. Oyster Sauce	3.95	6.95
70.	Roast Pork w. Snow Peas	3.95	6.95
71.	Double Cooked Pork		6.95
72.	Hot Hunan Pork		6.95
73.	Kung Pao Pork		6.95
74.	Hot & Spicy Pork		6.95

BEEF

w. White Rice

		Pt.	Qt.
75.	Pepper Steak w. Onions	4.35	7.75
76.	Beef w. Mixed Vegetables	4.35	7.75
77.	Beef w. Broccoli	4.35	7.75
78.	Beef w. Mushrooms	4.35	7.75
79.	Beef w. Oyster Sauce	4.35	7.75
80.	Beef w. Snow Peas	4.35	7.75
81.	Beef w. Black Bean Sauce	4.35	7.75
82.	Beef w. Garlic Sauce		7.75
83.	Hot & Spicy Beef		7.75
84.	Curry Beef		7.75
85.	Szechuan Beef		7.75

CHICKEN w. White Rice

		Pt.	Qt.
86.	Moo Goo Gai Pan	4.10	7.25
87.	Chicken Almond Ding	4.10	7.25
88.	Curry Chicken	4.10	7.25
89.	Chicken w. Broccoli	4.10	7.25
90.	Chicken w. Oyster Sauce	4.10	7.25
91.	Chicken w. Black Bean Sauce	4.10	7.25
92.	Chicken w. Snow Peas	4.10	7.25
93.	Chicken w. Mixed Vegetables	4.10	7.25
94.	Lemon Chicken		7.25
95.	Pineapple Chicken		7.25
96.	Hot & Spicy Chicken		7.25
97.	Chicken w. Garlic Sauce		7.25
98.	Hot Hunan Chicken		7.25
99.	Kung Pao Chicken w. Peanuts		7.25
100.	Szechuan Chicken		7.25
100a.	Dice Chicken w. Cashew Nuts		7.25

SEAFOOD

w. White Rice

		Pt.	Qt.
101.	Plain Lobster Sauce	2.95	4.95
102.	Shrimp w. Lobster Sauce	4.95	8.65
103.	Shrimp w. Almond Ding	4.95	8.65
104.	Curry Shrimp w. Onions	4.95	8.65
105.	Shrimp w. Black Bean Sauce	4.95	8.65
106.	Shrimp w. Chinese Vegetables	4.95	8.65
107.	Shrimp w. Mixed Vegetables	4.95	8.65
108.	Shrimp w. Snow Peas	4.95	8.65
109.	Shrimp w. Broccoli	4.95	8.65
110.	Shrimp w. Mushrooms	4.95	8.65
111.	Szechuan Shrimp		8.65
112.	Shrimp w. Garlic Sauce		8.65
113.	Hot Hunan Shrimp		8.65
114.	Kung Pao Shrimp w. Peanuts		8.65
115.	Scallops w. Garlic Sauce		8.85
116.	Lake Tung Ting Scallops		8.85

VEGETABLE

w. White Rice

		Order
117.	Stir Fried Mixed Vegetables	5.95
118.	Sauteed Broccoli	5.95
119.	Broccoli w. Garlic Sauce	5.95
120.	Home Style Bean Curd	5.95
121.	Stir Fried Snow Peas	5.95

COMBINATION PLATTERS

Served w. Pork Fried Rice and Egg Roll.

C 1.	Chicken Chow Mein	5.50
C 2.	Shrimp Chow Mein	5.95
C 3.	Shrimp w. Mixed Vegetables	6.75
C 4.	Pork Egg Foo Young	5.50
C 5.	Pepper Steak	6.25
C 6.	Roast Pork w. Mixed Vegetables	5.95
C 7.	Shrimp w. Lobster Sauce	6.75
C 8.	B.B.Q Spare Ribs or Boneless Ribs	6.95
C 9.	Sweet & Sour Chicken or Pork	5.95
C10.	Moo Goo Gai Pan	5.95
C 11.	Roast Pork w. Mushrooms	5.95
C12.	Roast Pork or Chicken Lo Mein	5.95
C13.	Roast Pork w. Broccoli	5.75
C14.	Beef w. Broccoli	6.25
C15.	Beef w. Mushrooms	6.25
C16.	Chicken w. Broccoli	5.95
C17.	Chicken w. Oyster Sauce	5.95
C18.	Chicken w. Snow Peas	6.25
C19.	Shrimp w. Broccoli	6.75
C20.	Beef w. Mixed Vegetables	6.25
C21.	Chicken w. Garlic Sauce	5.95
C22.	Hot & Spicy Shrimp	6.75
C23.	General Tso's Chicken	6.50
C24.	Sesame Chicken	6.50
C25.	Kung Pao Chicken w. Peanuts	5.95
C26.	Szechuan Chicken	5.95
C27.	Hot Hunan Beef	6.25
C28.	Vegetable Delight	5.75
C29.	Mongolian Beef	6.95

SIDE ORDER

White Rice	1.00	1.80
Fried Noodles	0.40	0.70
Fortune Cookies		0.50

CHEF'S SPECIAL DISHES

w. White Rice

S 1.	SEAFOOD DELIGHT Shrimp, lobster and scallops w. mixed vegetables.	10.95
S 2.	HAPPY FAMILY Seafood, pork and chicken w. vegetables.	9.75
S 3.	TRIPLE DELIGHT Shrimp, chicken and beef in garlic sauce.	9.35
S 4.	PEKING MEETING Seafood, chicken, beef and pork w. vegetables.	9.95
S 5.	FOUR SEASONS Shrimp, chicken, beef and pork w. vegetables.	8.95
S 6.	CHICKEN & SHRIMP HONG KONG STYLE Chunk of chickens and shrimp w. Chef's special sauce.	8.95
S 7.	TWO DELIGHT Scallops and shrimps w. vegetables.	9.95
S 8.	CHEF'S LI'S SPECIAL	8.50
S 9.	GENERAL TSO'S CHICKEN	8.25
S 10.	SESAME CHICKEN	8.25
S 11.	LAKE TUNG TING SHRIMP	8.95
S 12.	HONEY CHICKEN	7.95
S 13.	HOT & SPICY SHRIMP	8.95
S 14.	SHRIMP SOONG Shrimp w. vegetables in lobster sauce.	8.95
S 15.	HUNAN SHRIMP & CHICKEN Shrimp and chicken w. vegetables in hunan sauce.	8.50
S 16.	MANDARIN BEEF Beef, green onions with vegetables in special sauce.	8.25
S 17.	TAI CHIEN CHICKEN	8.00
S 18.	MOO SHU DISHES With chicken, pork, beef or shrimp.	7.80
S 19.	SESAME BEEF	8.50
S 20.	SUBGUM PAN FRIED NOODLES Chicken, shrimp and pork w. noodles in special sauce.	9.55
S 21.	DICED CHICKEN & SHRIMP W. CASHEW NUTS	8.75
S22.	MONGOLIAN BEEF	8.95
S23.	ORANGE CHICKEN	8.50

HEALTH DIET DISHES

w. White Rice

D 1.	Steamed Broccoli	5.75
D 2.	Chicken Delight	7.25
D 3.	Shrimp Delight	8.25
D 4.	Beef Delight	7.75
D 5.	Steamed Broccoli w. Snow Peas	5.95
D 6.	Steamed Chicken	11.90
D 7.	Steamed Chicken w. Broccoli	7.25
D 8.	Steamed Vegetable Delight	6.55

Duck ( ) · Soy ( ) · Mustard ( ) Sauce

Welcome To China Ben

Amount:$.....

00100060

Welcome To China Ben

Amount:$.....

00100060

Lunch Special

7 Days A Week: 10:30am - 3:00pm

Each Order Comes With Pork Fried Rice or Steamed Rice.

L 1.	Shrimp Chow Mein	4.25
L 2.	Shrimp w. Lobster Sauce	4.50
L 3.	Shrimp w. Broccoli	4.75
L 4.	Shrimp w. Garlic Sauce	4.75
L 5.	Shrimp w. Chinese Vegetables	4.50
L 6.	Roast Pork Egg Foo Young	3.95
L 7.	Roast Pork w. Chinese Vegetables	4.10
L 8.	Barbecued or Boneless Spare Ribs	4.95
L 9.	Roast Pork w. Mushrooms	4.10
L 10.	Roast Pork or Chicken Lo Mein	3.95
L 11.	Roast Pork w. Broccoli	4.10
L 12.	Double Cooked Pork	4.10
L 13.	Chicken Chow Mein	3.95
L 14.	Chicken w. Mixed Vegetables	4.25
L 15.	Sweet & Sour Chicken or Pork	4.10
L 16.	Moo Goo Gai Pan	4.10
L 17.	Chicken w. Black Bean Sauce	4.25
L 18.	Chicken w. Oyster Sauce	4.10
L 19.	Hot & Spicy Chicken	4.25
L 20.	Chicken w. Snow Peas	4.25
L 21.	Hot Hunan Chicken	4.25
L 22.	Szechuan Chicken	4.25
L 23.	Diced Chicken w. Cashew Nuts	4.25
L 24.	Kung Pao Chicken w. Peanuts	4.25
L 25.	Chicken w. Garlic Sauce	4.25
L 26.	Chicken w. Broccoli	4.25
L 27.	General Tso's Chicken	4.75
L 28.	Sesame Chicken	4.75
L 29.	Curry Chicken	4.25
L 30.	Pepper Steak	4.25
L 31.	Beef w. Broccoli	4.50
L 32.	Beef w. Mixed Vegetables	4.50
L 33.	Hot & Spicy Beef	4.50
L 34.	Broccoli w. Garlic Sauce	3.95
L 35.	Vegetable Delight	3.95
L 36.	Mongolian Beef	4.95

Hot & Spicy

Thank You & Welcome Again!